



# ST. FRANCIS HIGH SCHOOL

RECOGNISED BY THE GOVERNMENT OF KARNATAKA

Circular 24, 2024 - 25

Dear Parents,

October 22, 2024

1. The Open Day for Summative Assessment - I will be held on Saturday, October 26 from 8:00 am onwards. Follow the time slot strictly.
2. The students will be organizing Science Exhibition Projects, titled, the Indomitable Spirit. The event will be inaugurated on October 25<sup>th</sup> attended ONLY by high school students. Parents will be able to view the science - maths projects of the students on the Open Day in the Hall of Peace, First Floor of the building.
3. Parents will also be able to view the books authored on various occasions by the students of our school.
4. Parents of Classes I to IV will be given "Public Speaking Report Card" of the child on the Open Day. Parents must evaluate their ward on the Open Day itself and the Card must be returned to the class Teacher immediately.
5. For Classes V - X, the evaluation of "Public Speaking Skills" will be done by the individual child and the teacher. The evaluated report card will be shown to the parents on the Open Day. For your reference, the report cards are attached along with this circular in advance.
6. Those parents who have not yet paid the Second Instalment must be paid on or before October 25<sup>th</sup>. If not, fine will be charged from October 28<sup>th</sup> onwards.

Brother Sanil Tharayil  
Principal

# ST. FRANCIS HIGH SCHOOL

P.B. No. 3417, 8<sup>th</sup> Main, 3<sup>rd</sup> Block, Koramangala, Bengaluru - 34



ESTD: 1990

## PUBLIC SPEAKING REPORT CARD

2024 - 2025



CLASSES : I - IV

Name of the Student.....

Class..... Section .....

Teacher .....

**A GOOD SPEECH IS LIKE A PENCIL. IT HAS TO HAVE A POINT**

# ASSESSMENT FOR TERM I

Sl. No.	Particulars	Parent's Evaluation			Teacher's Evaluation
		Yes	Partially	No	
1	Child is confident when speaking in public				
2	Child feels nervous when speaking in front of others				
3	Child speaks clearly & pronounce words correctly				
4	Child is excited to take part in school activities				
5	Child maintains energy throughout the speech				

Please do not worry if your child's assessment falls under 'No' or unsatisfactory. These are simply stepping stones on the path to growth. Every speaker, no matter their skill level, starts somewhere.

## TIPS FOR PARENTS TO TEACH PUBLIC SPEAKING

- 1. Encourage Daily Conversations**  
Ask open-ended questions about their day, their interests, or their thoughts on a topic or school life. Encourage them to express their ideas in complete sentences.
- 2. Create a Safe Space to Speak**  
Let your child know that it's okay to make mistakes while speaking. Create a supportive environment where he/she feels comfortable practicing in front of family members.
- 3. Be a Role Model**  
Demonstrate good speaking habits by using clear and confident language in your conversations with them. Let him/her see how you engage with others.
- 4. Highlight the Importance of Listening**  
Public speaking is not just about talking. It's also about listening. Teach your children to be good listeners as this will help them understand how to respond to others thoughtfully. This has an advantage for your child in the classroom and school.

Teacher's Sign

# ASSESSMENT FOR TERM II

Sl. No.	Particulars	Parent's Evaluation			Teacher's Evaluation
		Yes	Partially	No	
1	Child is confident when speaking in public				
2	Child feels nervous when speaking in front of others				
3	Child speaks clearly & pronounce words correctly				
4	Child is excited to take part in school activities				
5	Child maintains energy throughout the speech				

## SOME SELF-EXERCISES TO IMPROVE PUBLIC SPEAKING SKILLS

- Practice Active Listening**  
 Become a better speaker by listening to others. Notice how experienced speakers use tone, pause, and body language.
- Start Small with Personal Stories**  
 Begin by speaking about familiar topics, like personal experiences or hobbies, to build confidence.
- Record and Review Yourself**  
 Recording yourself speaking can help identify areas for improvement. Use your phone to record a 2–3-minute speech, then review it to check for pacing, clarity, and body language.
- Focus on Body Language**  
 Good posture, eye contact, and natural hand gestures enhance communication. Practice speaking in front of a mirror or with a friend, paying attention to your posture and gestures.
- Organize Your Thoughts**  
 Structure your speech with a clear introduction, main points, and conclusion. Write a simple outline for any topic, breaking it into three main points, then practice speaking without notes.
- Speak in Public Settings**  
 Gain confidence by speaking in everyday situations. Volunteer to answer questions in class, or participate in small group discussions to practice speaking in public.

# EMPOWERING CHILDREN A GUIDE FOR THE PARENTS

Dear Parents,

Greetings! Public speaking is not only about giving speeches. It is about building confidence, developing clear communication, and preparing children to express their ideas and opinions effectively in any situation.

Teaching your child to speak confidently in front of others will give him/her an advantage in school, future careers, and in life. Public speaking also nurtures critical thinking, helps children organize their thoughts, and boosts their self-esteem.

I believe this is a skill that every child can develop, and I want to encourage you to help your child practice these skills at home. Kindly follow the given tips and exercises that you can use to guide your child:



Brother Sanil Tharayil  
Principal

**I WILL NEVER LOSE MY PUBLIC SPEAKING REPORT CARD**

# ST. FRANCIS HIGH SCHOOL

P.B. No. 3417, 8<sup>th</sup> Main, 3<sup>rd</sup> Block, Koramangala, Bengaluru - 34



ESTD: 1990

## PUBLIC SPEAKING REPORT CARD

The  
**struggle**  
you're in  
**today**  
is developing the  
**strength**  
you need for  
**tomorrow**

2024 - 2025

CLASSES : V - X

Name of the Student.....

Class.....Section .....

Teacher.....

A GOOD SPEECH IS LIKE A PENCIL. IT HAS TO HAVE A POINT

# ASSESSMENT FOR TERM I

Sl. No.	Particulars	Student's Evaluation		Teacher's Evaluation
		Yes	No	
1	I look forward to speaking before a group			
2	I feel nervousness when speaking in public			
3	I speak clearly & pronounce words correctly			
4	I am confident while speaking in public			
5	I maintain energy throughout my speech			

The rating provides a simple, comprehensive and consistent way for both student-self-assessment and teacher evaluation, offering a clear picture of where a student stands and where they can improve upon.

## RATING AND DESCRIPTION FOR TEACHER'S EVALUATION

- 1. Excellent**  
Exceeds expectations; shows exceptional skill and mastery in this area.
- 2. Good**  
Above average; demonstrates strong competence with minor improvements needed.
- 3. Satisfactory**  
Meets basic expectations; shows adequate skill with room for improvement.
- 4. Needs Improvement**  
Below expectations; requires further development in this area.
- 5. Unsatisfactory**  
Fails to meet the required level of competence; needs significant improvement.

Teacher's Sign

# ASSESSMENT FOR TERM II

Sl. No.	Particulars	Student's Evaluation		Teacher's Evaluation
		Yes	No	
1	I look forward to speaking before a group			
2	I feel nervousness when speaking in public			
3	I speak clearly & pronounce words correctly			
4	I am confident while speaking in public			
5	I maintain energy throughout my speech			

## SOME SELF-EXERCISES TO IMPROVE PUBLIC SPEAKING SKILLS

- 1. Practice Active Listening**  
Become a better speaker by listening to others. Notice how experienced speakers use tone, pause, and body language.
- 2. Start Small with Personal Stories**  
Begin by speaking about familiar topics, like personal experiences or hobbies, to build confidence.
- 3. Record and Review Yourself**  
Recording yourself speaking can help identify areas for improvement. Use your phone to record a 2–3-minute speech, then review it to check for pacing, clarity, and body language.
- 4. Focus on Body Language**  
Good posture, eye contact, and natural hand gestures enhance communication. Practice speaking in front of a mirror or with a friend, paying attention to your posture and gestures.
- 5. Organize Your Thoughts**  
Structure your speech with a clear introduction, main points, and conclusion. Write a simple outline for any topic, breaking it into three main points, then practice speaking without notes.
- 6. Speak in Public Settings**  
Gain confidence by speaking in everyday situations. Volunteer to answer questions in class, or participate in small group discussions to practice speaking in public.



# FROM FEAR TO FLOURISH

Dear Franciscans,

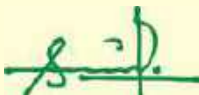
We live in an age where **YOU** are increasingly judged by how well you communicate and present yourselves, both in the classroom and at public events.

Public Speaking offers you the opportunity to express yourselves eloquently, a skill that many children and adults struggle with today.

While many students graduate with impressive qualifications, a large number still find it challenging to speak confidently and clearly when it comes to the spoken word. This highlights the importance of not only academic success but also the ability to communicate effectively.

As learners, it's crucial to manage your nerves and develop the ability to speak with passion, clarity, and impact. This will help you stand out in both your academic and professional journeys in life. Remember, to raise your public speaking skills, you must also observe and listen to others when they speak.

Please do not worry if your assessment falls under 'needs improvement' or 'unsatisfactory'. These are simply stepping stones on the path to growth. Every speaker, no matter their skill level, starts somewhere. What matters most is your willingness to improve and learn from each experience. With practice and dedication, you will continue to develop your public speaking skills.



Brother Sanil Tharayil  
Principal

**I WILL NEVER LOSE MY PUBLIC SPEAKING REPORT CARD**

[www.stfranchighschoolssl.com](http://www.stfranchighschoolssl.com)



ESTD. 1990

**ST. FRANCIS HIGH SCHOOL**

**YOU ARE INVITED**

**THE INDOMITABLE SPIRIT**  
through the lens of science

October 25, 2024 @ 9.00 am

**CHIEF GUEST**

**MRS. TINA THOMAS**

Scientist, UR Rao Satellite Centre, ISRO, Bangalore  
Deputy Project Director, RISAT-1B  
Deputy Project Director, MICROSAT-2D

INAUGURAL SESSION @ THE THEATRE, ST. FRANCIS PU COLLEGE  
THE EXHIBIT SPACE @ THE HALL OF PEACE

COME LEARN ABOUT  
**SCIENCE**  
SCIENCE FOR EVERYONE

PRINCIPAL

UNDER THE AUSPICES OF THE "INDOMITABLE SPIRIT"  
A DIVERSE ARRAY OF LEARNING ACTIVITIES ACROSS  
SCIENCE IS ORGANIZED BY THE FRANCISIANS