



INSTRUCTIONS FOR THE COMPETITIONS FOR THE ACADEMIC YEAR 2023 - 24

GENERAL INSTRUCTIONS

1. It is compulsory for every student to participate in minimum two competitions from different Categories. Refer to the competitions under different Categories.
2. A student can participate in maximum four competitions.
3. Students who are trained in the respective field can participate in competitions under Category 4.
4. Competitions under Category 5 are group competitions.
5. All the students are strictly expected to follow all the guidelines, rules and regulations while taking part in the competition.
6. Students are solely responsible for the materials required for the competitions.
7. Students participating in the competitions under certain Categories should meet the required criteria. Instructions will be given by the teachers concerned.
8. Judges' decision is final for all the competitions.
9. COMPETITIONS are just for you to showcase your talents, so please make use of this opportunity to do the best.
10. Students who are disinterested to participate or not enrolling for any competition as mentioned are requested to meet the Principal along with their parents.
11. Registration for the competitions will be open from July 10th and will be closed on July 20th. No registration will be accepted after the deadline.

CATEGORY - 1 : ART AND CRAFT

1. I am Thankful to you. Card Making (V - VII)

A Thank You card should be made for anyone whom you are thankful to. (Parents, Grand Parents, Principal, Franciscan Brothers, Teachers, Allied Staff, Siblings, Nature, House Maid, Traffic Police etc.)

A short message should be written on the card as to why you are thanking him/her.

Required Materials

- A4 size chart paper should be used to make the card.
- All the necessary materials should be brought by the students.
- Using hazardous materials is strictly prohibited.

Judging Criteria

- Creativity and Originality
- Content (message on the card)
- Clarity of the Theme
- Neatness
- Overall Presentation

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2. Painting / Pencil Sketching (V - X)

Themes for Std V - VII

1. Animals and Wildlife
2. Mountains and Landscape
3. Natural Wonders

Themes for Std VIII - X

1. Landscape
2. Cityscape
3. Fantasy World

Required Materials

- A4 size drawing sheet.
- Different shades of pencils for pencil shading (HB, B1, B2 etc).
- Colour pencils, water colours and acrylic paints can be used.
- Aprons, table covering and paper towels should be brought to avoid spilling of colours.

Judging Criteria

- Creativity and Originality
- Interpretation of the Theme
- Technical Skills - Composition, Design elements, Tone, Colour and Texture
- Neatness
- Overall Artistic Impression

3. Best out of Waste (Recycle and Reuse) (VIII - X)

Theme - Preserving the Environment by Recycling and Reusing Waste Materials

Required Materials

- Cardboard, shoe boxes etc
- Old Fabrics
- Plastic Bottles
- Old Newspapers, books and magazines
- Coconut Shells

Judging Criteria

- Creativity and Originality
- Utilization of Resources
- Sustainability and Functionality
- Eco friendly Rating
- Overall Presentation and Impression

CATEGORY - 2 : PUBLIC SPEAKING

1. Declamation - Speak, Inspire, Motivate (V - VII)

Rules and Regulations

- Students should select a speech (English) that was delivered in public and perform an excerpt of that speech.
- A minimum of 2 minutes and a maximum of 3 minutes performance shall be applied.
- There shall be no substitute of speech.
- One point deduction shall be made for every 10 second excess during the performance.

Judging Criteria

- Delivery of Speech - Quality of voice, fluency, pronunciation, blending and harmony.
- Interpretation - Includes manner in which the speech is internalized and presented.
- Stage presence - Stage poise, eye contact and audience impact.
- Overall presentation - Confidence and clarity.

2. Recitation - English, Kannada, Hindi (V - VII)

Rules and Regulations

- Participants are free to choose any poem of his/her choice.
- Poem recited must have a title and should have minimum 4 stanzas.
- Use good posture and be confident.
- Relax and be natural. Enjoy your poem.

Judging Criteria

- Voice and Articulation
- Accuracy
- Delivery, interpretation and memorization
- Overall presentation

3. Just-A-Minute - Speak your Heart Out (VIII - X)

Topics for Std VIII

1. Giving is better than receiving
2. St. Francis Institutions - A Family
3. My Classroom and Me
4. Safety in our school
5. Importance of reading books for students
6. Importance of maintaining a healthy diet
7. Why should I be kind ?
8. Hard work is the key to success
9. My Role Model
10. English is a global language because ...

Topics for Std IX

1. Peace begins with a smile
2. Clean classrooms make happy learners
3. The best day of my life ...
4. If I had a super power ...
5. Value of time for students
6. Importance of books in my life
7. Importance of working as a team
8. The person who inspires me
9. My goal in life is to become ...
10. I must be the change I wish you see in the world

Topics for Std X

1. Join the go green team
2. Life is all about respecting others
3. The day I overcame fear
4. Hard work versus smart work
5. Impact of education in our lives
6. Punctuality - Better three hours too soon than a minute late
7. Be confidence - Take a deep breath, smile and start again
8. Dangers of procrastination
9. My contribution to the society
10. It is never too late to be what you want to

Rules and Regulations

- Speak without hesitation
- Take a pause but don't think
- Do not deviate from the topic
- Do not repeat your ideas
- Try to share something new

Judging Criteria

- Content
- Vocal delivery
- Presence of mind
- Diction and vocabulary
- Overall impact

4. Elocution - Let your Voice be Heard (VIII - X)

Topics for Std VIII

1. Leadership is all about Selflessness
2. Gratitude is the best Attitude
3. Respect Yourself and others will Respect You

Topics for Std IX

1. Failures can never overcome me if my definition for success is strong enough
2. Actions speak louder than Words
3. Winners never Quit

Topics for Std X

1. Behind every parent stands the school - one gives the roots, the other, the wings
2. A great leader will always lead his people towards a better future
3. Importance of Public Speaking Skills

Rules and Regulations

- Topics for the competition must be chosen from the above given list for each class.
- Participants will be allotted 3 minutes to deliver the speech.
- The speaker is expected to memorize the speech and is not allowed to read any part of it from papers, notes etc.
- Language for Elocution will be English.

Judging Criteria

- Presentation and delivery of speech
- Language - Grammar, Pronunciation, Vocabulary
- Content (Relevance to the topic)
- Voice modulation / Verbal clarity
- Overall Impression

5. My Inspirational Quotes - Go the Extra Mile (V - X)

Rules and Regulations

- Participants are not allowed to copy any captions and quotes displayed in the school premises.
- Participants can write the quotes given by famous personalities and it is mandatory to mention the name of the personality who has written the quote.
- Maximum 8 - 10 quotes should be written.
- It is very important to maintain the originality of the quote.
- Participants should speak about any one quote which inspires them.

Judging Criteria

- Originality
- Choice of quotes
- Quality of presentation
- Clarity of ideas
- Presentation skills

CATEGORY - 3 : CREATIVE WRITING

1. Short Story Writing - You are the Writer (V - VII)

Rules and Regulations

- Any imaginary story can be written with maximum 200 - 300 words.
- Time limit 1 hour.
- Appropriate title should be given for the story.

Judging Criteria

- Originality and Creativity
- Grammar, Vocabulary and Sentence Structure
- Message oriented story
- Character development and plot
- Overall Impression

2. Essay Writing - Blend of Words (VIII - X)

Topics for Std VIII

- Respect for the Elderly
- Respect for the Environment
- Respect for Cultural Diversity

Topics for Std IX

- Overcoming Obstacles and Challenges through Determination
- Importance of Staying Determined and Motivated for Achieving Goals.
- Importance of Being Responsible and Accountable for your Actions

Topics for Std X

- Pursuing your Dream, despite the Obstacles
- The Power of Dreaming Big
- Dream for a Better Future

Rules and Regulations

- Participants can choose the topic from the above mentioned list given for each class.
- Word limit for the essay is 300 - 500 words only.
- Time limit given is 1 hour.

Judging Criteria

- Connection and Significance (Relevance to the theme)
- Comprehensiveness - How complete and detailed is the writer's exposition of the topic.
- Originality - Uniqueness, novelty and authenticity of ideas.
- Insights and style.
- Overall impression and presentation.

CATEGORY - 4 : BEYOND YOUR SPECTRUM

1. Singing - The Voice (V - X)

Rules and Regulations

- Choice of song is open to the participants, but the song should not have any slangs or derogatory language.
- Time allotted for each performance is 2 minutes.
- Participants will not be allowed to refer to any lyrics while singing.
- Participants will be judged based on the song selection, voice quality, rhythm and their appeal to the audience.

Judging Criteria (Kannada and Hindi Songs)

- Choice of song
- Stage presence
- Vocal quality
- Rhythm and interpretation
- Overall appeal

Judging Criteria (English Songs)

- Choice of song
- Diction
- Accuracy of pitch
- Vocal quality
- Overall presentation

2. Dance - Elegance and Rhythm (Classical, Semi Classical, Freestyle) (V - X)

Rules and Regulations

- Choice of song is open to the participants.
- Any obscene/offensive music/song is not allowed.
- Time limit is 2 - 3 minutes.
- Participants should get their own props if required.

Judging Criteria

- Selection of the music piece
- Costume and choreography
- Artistic potential - facial expression, theme and music
- Performance quality
- Overall impression and impact

3. Instrumental Music - Artistic Me (V - X)

Rules and Regulations

- Students who are trained are requested to participate.
- Performance time minimum 2 minutes and maximum 2½ minutes.
- Participants must bring their own instruments.
- Judgment is based on the qualities like swara, taal, selection of raga and composition.

Judging Criteria

- Resonance, control, clarity focus
- Pitch accuracy
- Accuracy of notes, control of ranges
- Style and tempo
- Overall impact

CATEGORY - 5 : GROUP COMPETITIONS - STRONGER TOGETHER

1. Origami (V - VII)

Rules and Regulations

- Origami is an art of folding, so no scissors and no glue.
- Required materials should be brought by the participants.
- Modular must have stability and hold together without glue.
- Actions models will remain stationary while on display.

Judging Criteria

- Quality of folding - Models must be neat and attractive
- Creativity of presentation - Interesting paper selection and folding techniques can enhance a model's visual appeal
- Originality
- Completeness
- Overall Impression

2. Cooking without fire - Calling all Chefs (Beverages, Sweet/Savoury, Salads) (V - X)

Rules and Regulations

- Each team comprise of 5 members.
- Time duration given is 1 hour.
- All the required ingredients, tools and equipments should be arranged by the participants.
- The participants must leave the working area clean after the preparation is over.
- Participants should maintain proper hygiene and cleanliness throughout the competition.
- Participants are supposed to display a chart having the name and ingredients of the dish along with its nutritional value

Judging Criteria

- Taste and flavor
- Execution and presentation
- Unique name of the dish
- Hygiene
- Overall impression

3. Digital Poster Making - Theme - My idea of FRANCIS HABBA 2023 (VIII - X)

Rules and Regulations

- Each group can comprise of 3 students.
- Each group can make only one poster.
- Posters must be made on A4 size and should be in landscape mode.
- Caption is a must.

Judging Criteria

- Relevance to the theme
- Originality
- Creativity
- Color harmony and visual impact
- Overall impression

4. SYNERGY- A Conversation (V - X)

Rules and Regulations

- Each team should comprise of 2 students.
- Participants are solely responsible for the costume and any props as required.
- Questions asked should be relevant to the situation given.
- Answers given should also be relevant to the situation.

Judging Criteria

- Confidence level of the participants
- Language and diction
- Costume and body language
- Impact of message conveyed
- Overall impression

COMPETITIONS TO BE CONDUCTED SEPARATELY

1. Bulletin Board Competition (VIII - X)

Theme - Love and Serve

Rules and Regulations

- Each group comprises of 4 students.
- 1 participant should give the presentation for 2 minutes.
- An appropriate title should be given.
- Illustrations, pictures, cut-outs, photographs etc. should be related to the theme.
- Printed and visual materials should be legible.
- Presentation should be neat and legible.

Judging Criteria

- Creativity
- Neatness
- Content
- Presentation
- Overall Impression

2. Inter House Debate Competition (VIII - X)

Group 1 - Topic (Semi-final 1)

Is online learning as good as face-to-face learning ?

Group 2 - Topic (Semi-final 2)

Students who fail in the test should be given a chance to take it again.

Topic for the Finals

Separate entry and exit for boys and girls - Is it necessary in a co-educational school ?

Rules and Regulations

- 4 teams will participate in the competition.
- Each team should comprise of 3 students.
- Each team should present their respective topic for 3 + 1 minutes.
- Moderator puts forth 3 questions each to both the teams.
- Rebuttal for 1 - 2 minutes.

Judging Criteria

- Presentation style/Content - Clearly understood the topic and presented the information convincingly.
- Use of facts and examples - Examples and facts are given to support the topic.
- Organization and clarity - Arguments and responses are outlined in a clear and organized way.
- Questioning skills.
- Answering skills - Ability to deal with questions concisely and effectively.